1. PASSWORDS
STRONG PASSWORDS

- 18+ characters
- Use capital letters, numbers, and special characters
- Different password for every account
- Use a password manager
STRONG PASSWORDS

PASSWORDS SHOULD NOT INCLUDE PERSONAL INFORMATION SUCH AS:

- Date of birth
- First or last name
- Pet’s name
- Favorite song
- Partner’s name
- Phone number
2. Two-factor authentication
PASSWORD

+ 

FINGERPRINT OR FACIAL RECOGNITION

OR

MOBILE PHONE
Choose friends to contact if you get locked out
Nominate 3 to 5 friends to help if you get locked out of your account. We recommend this

Get alerts about unrecognized logins
We'll let you know if anyone logs in from a device or browser you don't usually use

Use two-factor authentication
Log in with a code from your phone as well as a password
For added security, enable two-step verification to require a passcode when registering your phone number with WhatsApp.

Two-step verification is enabled. You'll need to enter your passcode when registering your phone number with WhatsApp.

- Disable
- Change passcode
- Change email address
3. Antivirus
- Install a third-party antivirus
- Always update the antivirus
- Renew it every year
4. Clear your cache
### History

**Chrome history**

- **August 23, 2019**

**Tabs from other devices**

**Clear browsing data**

---

#### Wednesday, August 21, 2019

- 4:25 PM  □  Google  □  www.google.com  □  
- 7:57 AM  □  TeePublic  □  teepublic.zondisk.com  □  
- 7:56 AM  □  TeePublic  □  teepublic.com  □  
- 7:56 AM  □  T-Shirts by protocol | TeePublic  □  www.teepublic.com  □  
- 5:51 AM  □  TeePublic  □  www.teepublic.com  □  
- 5:49 AM  □  Cart | TeePublic  □  www.teepublic.com  □  
- 5:49 AM  □  Protocol 1 Waveform - Protocol 1 - T-Shirt | TeePublic  □  www.teepublic.com  □  
- 5:49 AM  □  T-Shirts Starting at $14 Featuring Your Favorite TV Shows, Movies, Comics, an... □  www.teepublic.com  □  
- 5:49 AM  □  TeePublic  □  www.teepublic.com  □  
- 5:49 AM  □  – teepublic - Google Search □  www.google.com  □  

#### Monday, August 19, 2019

- 1:22 PM  □  CNN  □  www.cnn.com  □  

---

*Your Google Account may have other forms of browsing history at myactivity.google.com*
5. Save passwords feature