

1.

PASSWORDS

STRONG PASSWORDS

- 18+ characters

- Use capital letters, numbers and special characters

- Different password for every account

- Use a password manager

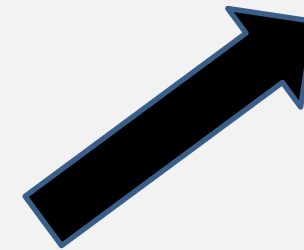
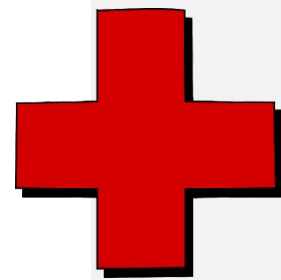
STRONG PASSWORDS

PASSWORDS SHOULD NOT INCLUDE
PERSONAL INFORMATION SUCH AS:

- ✗ Date of birth
- ✗ First or last name
- ✗ Pet's name
- ✗ Favorite song
- ✗ Partner's name
- ✗ Phone number

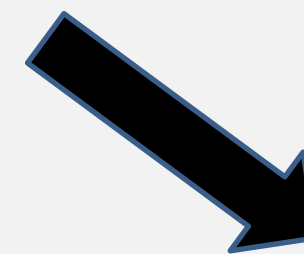
2. Two-factor authentication

PASSWORD



FINGERPRINT OR FACIAL
RECOGNITION

OR



MOBILE PHONE

General

Security and Login

Privacy

Timeline and Tagging

Blocking

Language

Notifications

Mobile

Public Posts

Apps

Ads

Payments

Security and Login

Recommended



Choose friends to contact if you get locked out

Nominate 3 to 5 friends to help if you get locked out of your account. We recommend this

Edit

Setting Up Extra Security



Get alerts about unrecognized logins

We'll let you know if anyone logs in from a device or browser you don't usually use

Edit



Use two-factor authentication

Log in with a code from your phone as well as a password

Edit



INTERNATIONAL
WOMEN'S MEDIA
FOUNDATION

- Privacy
- Security
- Two-step verification
- Change number
- Delete my account



For added security, enable two-step verification to require a passcode when registering your phone number with WhatsApp.

ENABLE



Two-step verification is enabled. You'll need to enter your passcode when registering your phone number with WhatsApp.

- Disable
- Change passcode
- Change email address

3.

Antivirus

ANTIVIRUS

- Install a third-party antivirus

- Always update the antivirus

- Renew it every year

4.

Clear your cache

History

Chrome | chrome://history

Search history

Chrome history

August 23, 2019

6:42 AM Google www.google.com

Wednesday, August 21, 2019

4:25 PM Amazon.com: best blender www.amazon.com
Wed Aug 21 2019 16:25:15 GMT-0700 (Pacific Daylight Time)

4:25 PM Google www.google.com

7:57 AM TeePublic teepublic.zendesk.com

7:56 AM T-Shirts by protocol1 | TeePublic www.teepublic.com

7:56 AM T-Shirts Starting at \$14 Featuring Your Favorite TV Shows, Movies, Comics, an... www.teepublic.com

5:51 AM TeePublic www.teepublic.com

5:49 AM Cart | TeePublic www.teepublic.com

5:49 AM Protocol 1 Waveform - Protocol 1 - T-Shirt | TeePublic www.teepublic.com

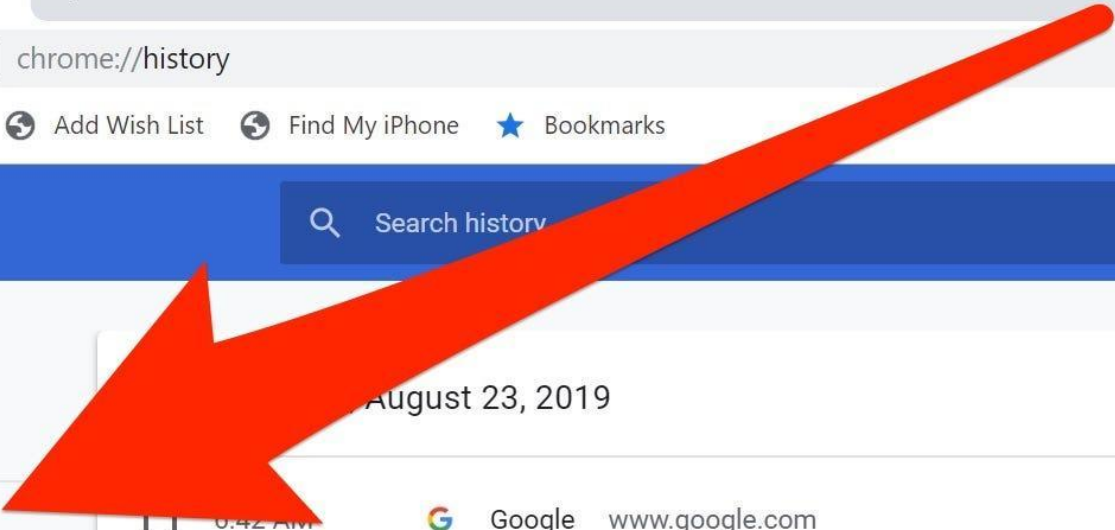
5:49 AM T-Shirts Starting at \$14 Featuring Your Favorite TV Shows, Movies, Comics, an... www.teepublic.com

5:49 AM teepublic - Google Search www.google.com

Monday, August 19, 2019

1:22 PM www.cnn.com www.cnn.com

Your Google Account may have other forms of browsing history at myactivity.google.com



5.

Save passwords

feature